

EAST ARM ROWING CLUB
69 Sterling Rd, P.O. Box 301
Greenwood Lake, NY 10925
845-477-3076

Learn to Row Regatta Application/Questionnaire
MAIL-IN DEADLINE IS SATURDAY, MARCH 24, 2018
Registration fee is \$130 payable to EARC
Please Print Legibly!

NAME: _____
TELEPHONE: DAY: _____ EVENING: _____
EMAIL: _____
SEX: M _____ F _____ AGE: _____ HT: _____
DO YOU HAVE A TEAM ALREADY? Please note their names: _____

TEAM/SPONSOR NAME (If you have one): _____

Practice will be ONE day per week. Please indicate 1st, 2nd, and 3rd practice time choices, and cross out the times you CANNOT practice.

MON	5:00 to 6:00 pm _____	6:00 to 7:00 pm _____
TUES	5:00 to 6:00 pm _____	6:00 to 7:00 pm _____
WED	5:00 to 6:00 pm _____	6:00 to 7:00 pm _____
THURS	5:00 to 6:00 pm _____	6:00 to 7:00 pm _____
FRI	5:00 to 6:00 pm _____	6:00 to 7:00 pm _____
SAT	7:00 to 8:00 am _____	9:30 to 10:30 am _____
SUN	7:00 to 8:00 am _____	9:30 to 10:30 am _____

CAN YOU SWIM? Yes _____ No _____ **LIFT 35 LBS** Yes _____ No _____

YOU MUST BE AT LEAST 18 YEARS OLD TO PARTICIPATE.

HOW WOULD YOU RATE YOUR CURRENT PHYSICAL CONDITION:

Excellent _____ Very Good _____ Good _____ Fair _____ Poor _____

HOW COMPETITIVE ARE YOU?

Competitive _____ Somewhat competitive _____ Just want to have fun _____

TEE SHIRT SIZE: X-Large _____ Large _____ Medium _____ Small _____

ARE YOU INTERESTED IN BECOMING A MEMBER OF THE ROWING CLUB AFTER THE REGATTA IS OVER? (CURRENT MEMBERSHIP IS \$450)

Yes _____ No _____ Possibly _____

HOW DID YOU HEAR ABOUT THIS PROGRAM? _____
